

THE SPA

by HARNN



Immerse yourself in tranquility and rejuvenation with our first ever award-winning Japanese-Thai inspired spa offering the best of therapeutic and pampering treatments as natural botanical selections and professional therapists are harnessed at every level.

Each element experienced along our spa journey, from the curated ambiance to service, inspires you to discover a new way of self-reward indulgence as each treatment offers a unique state of well-being and relaxation.

Our meticulous spa approach, from start to finish, is designed purposefully to leave you in a state of bliss throughout the day.

**THE JOURNEY TO A DIVINE INDULGENCE
BEGINS HERE.**







THE BODY

THE SPIRIT

(THAI YOGA STRETCHING MASSAGE)

Uplift your spirit with an oil-free massage underlined by manual focus on multiple body trigger points emphasizing the palm, elbow and knee areas. The therapeutic session intends to improve postures across various muscle groups, and thus allows for a better energy circulation around the body.

*A warm herbal compress shall be gently applied during this blissful 90-minute session.

60 MINUTES – JPY 22,000

90 MINUTES – JPY 27,700

THE SOULFUL

(THAI-AROMA OIL MASSAGE)

The delicate fusion technique, combining traditional Thai and aromatherapy massage with the stimulating movements of palm pressure and stretching, cooperatively loosens muscle tension and restores agility, massage oil.

60 MINUTES – JPY 22,000

90 MINUTES – JPY 27,700

THE LEISURE

(DEEP TISSUE MASSAGE)

Reward yourself with an intensely decompressing massage session targeting deep layers of muscle tissue with slow firm strokes to stimulate blood flow, enhancing serotoning production – responsible for mood regulation within your body, and promoting muscle recovery.

60 MINUTES – JPY 22,000

90 MINUTES – JPY 27,700





THE PURITY

(DETOXIFYING MASSAGE)

Discover a way to overcome fatigue after a long day of travel. The lymphatic drainage technique emphasized by light and smooth massage motion is designed to remove toxins below the skin surface, and help the body maintain proper blood circulation, body fluid balance, and immune functions.

60 MINUTES – JPY 22,000

90 MINUTES – JPY 27,700

THE REFLECTION

(ORIENTAL FOOT ACUPRESSURE)

Focusing on various acupressure points that correspond to their respective internal organ systems, this treatment features our nourishing aromatic oil and revitalizing balm providing excellent relief for muscle tension, improving circulation and digestive systems, and to ultimately maintaining a healthy balance the body

45 MINUTES – JPY 16,400

60 MINUTES – JPY 22,000

THE FACIAL

THE BALANCE

(SUITABLE FOR NORMAL - OILY SKIN TYPE)

Providing you a perfect cleanse with sugar cane facial scrub followed by a hot steam to remove dead skin cells, this restorative facial massage incorporates our selected organic face massage oil to catalyze glowing skin and skin rejuvenation. Natural active ingredients from the purifying clay face mask absorb impurities from the skin. Lastly, the treatment is completed with the relaxing head massage, as the journey is fashioned to leave you feeling refreshed.

60 MINUTES 22,600 JPY

THE BLOOM

(SUITABLE FOR ALL SKIN TYPES)

Feel fresh and youthful like a bouquet of blooming flowers. This facial treatment starts with a skin purification with bamboo charcoal face wash and soft sugar cane fiber scrub. The treatment is followed by our delicate cell regenerating massage designed to improve blood circulation and loosen tense facial muscles. The entire treatment aspires to deliver a firmer and more luminous facial skin.

60 MINUTES 22,600 JPY





HARNN

WATER LILY
SOM ESSENCE TONER MIST

HARNN

Water Lily
Day Protection Cream

HARNN

WATER LILY
ULTRA DETOXIFYING
FACIAL WASH

THE SCRUB

THE GENTLE RUB

Our naturally sourced gentle body scrub with divine Siamese Jasmine is rich with exfoliating beads from grounded red fragrant rice and corn cob. Marshmallow oil and Pennywort extracts collectively function to soothe and nourish your skin. Suitable for dry and sensitive skin

45 MINUTES – JPY 16,400

THE GLOWING TOUCH

Discover fresh, rejuvenated skin with a potent exfoliating scrub crafted from finely milled charcoal powder. This remarkable formula effectively purifies the skin and delicately eliminates dull, lifeless skin cells with salicylic acid, glycolic acid, and lactic acid. Experience a radiant glow with the nourishing benefits of ceramides, hyaluronic acid, and the antioxidant properties derived from white tea leaves.

45 MINUTES – JPY 16,400

THE PERFECT CLEANSE

An incredible odyssey to achieve skin exfoliation starts here as we feature the core element of the experience - Juniper Berry and Cedar Wood body scrub. Golden silk extract is integrated into the process to leave the skin silky smooth and soft. Marine and Algae extracts, containing high levels of antioxidants, combat pollution and reduce inflammation. Natural sugar gently exfoliates and rehydrates your skin. Mangosteen powder nourishes your skin with its stellar regenerative effect. Suitable for oily skin.

45 MINUTES – JPY 16,400



HARNN
JASMINE BODY SCRUB

HARNN
JUNIPER ATMOS SKIN
SUGAR-MANGOSTEEN
Organic Fresh



THE SPA ETIQUETTE

RESERVATIONS

To make a reservation at The Spa by HARNN, please press the "Instant Service" button on your room phone or email us at ana_ic_ap@ihr.co.jp. A valid credit card is required to hold your reservation.

PRE-ARRIVAL

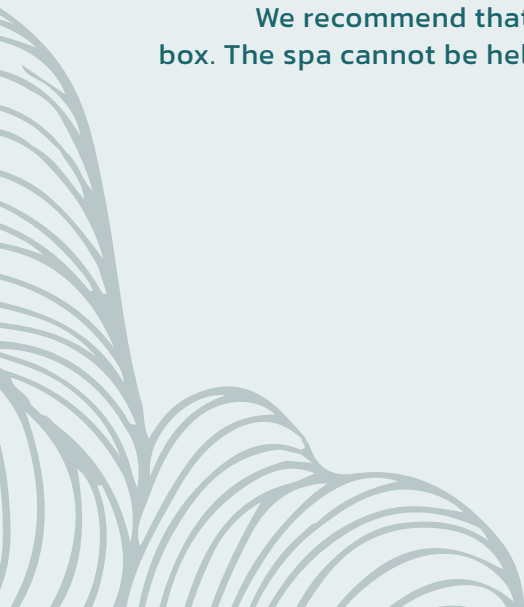
Appointments begin promptly at the time scheduled. Upon late arrival, your treatment may be shortened depending on availability. This is to ensure that the therapist is on time for the next appointment. We highly recommend that you arrive 20 minutes prior to fully enjoy our pre-treatment experience.

HEALTHCONSIDERATIONS

For your utmost comfort, please kindly advise us upon reservation of any allergies or ailments– especially if you are pregnant or have high blood pressure. Our receptionists will guide you on the treatments which best suit your needs. For the appropriate recommendation to be made, kindly complete the spa consultation form. We strongly recommend avoiding alcohol directly before or after any treatments.

PERSONAL BELONGINGS

We recommend that you leave your valuables at home or in your room safety deposit box. The spa cannot be held liable for the loss of personal items.





TRANQUILITY

Please refrain from engaging in disruptive activities or using your mobile phones loudly while in the spa. Smoking is prohibited in the spa premises.

CANCELLATION

Please be advised that we have a 4-hour cancellation policy and reschedule policy. Cancellations less than 4 hours will incur a 50% charge while cancellations less than 2 hours will incur 100% charge. The same applies for non-attendance.

TAX AND SERVICE CHARGE

All prices are inclusive of tax and service charge and quoted in JPY.



